

Holly Smith, OT Reg. (Ont.), MHM

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EDUCATION

2015 – 2018 **Master of Health Management**
McMaster University
Faculty Advisor: Dr. Sue Baptiste
Area of Research: Indigenous health policy and self-determination

2009 – 2011 **Master of Science in Occupational Therapy**
Queen's University
Supervisor: Dr. Margaret Jamieson
Area of Research: Fetal alcohol spectrum disorder services

2004 – 2008 **Bachelor of Health Sciences**
Honours Specialization in Rural Health
University of Western Ontario

CLINICAL AND PROFESSIONAL EXPERIENCE

2019 – February 2021 **Manager**
Aboriginal Services
CAMH, Toronto, Ontario
Provides oversight and management of clinical operations at Aboriginal Services, an outpatient concurrent disorder program for First Nations, Inuit and Métis people. Leads program development, quality improvement activities within the service. Provides training and education on Indigenous cultural safety within the organization.

2017 - 2019 **Occupational Therapist**
Aboriginal Services
CAMH, Toronto, Ontario
Provided culturally informed occupational therapy assessment, psychotherapy and group therapy for clients accessing the service. Participated in the creation of culturally integrated substance use treatment models for Indigenous people.

2015 - 2017 **Project Coordinator**
Aboriginal Engagement Outreach
CAMH, Toronto, Ontario
Coordinated the first phase of a project dedicated to the creation of a culturally relevant, trauma informed substance use assessment tool for First Nations, Inuit

and Métis. Conducted consultation circles with project partners which included First Nations, Inuit and Métis service providers and organizations.

2013 - 2015

Occupational Therapist

Forensic Mental Health System
CAMH, Toronto, Ontario

Delivered occupational therapy assessments and interventions for clients who were involved with the forensic mental health system at CAMH. Provided education and support for clients working towards rehabilitation goals related to substance relapse prevention, developing daily routines, identifying meaningful activities and community living skills.

2014

Occupational Therapist

Toronto Addis Ababa Academic Collaboration

Co-developed and delivered an education curriculum to medical and rehabilitation professionals in Addis Ababa, Ethiopia. Curriculum content developed centered around rehabilitation and recovery from mental illnesses.

2012

Course Instructor

Anishinabek Educational Institute
Munsee-Delaware, Ontario

NST 306G – Community Development.

2011 - 2012

Occupational Therapist

Concurrent Disorders Program

St. Joseph's Regional Mental Health Care, London, Ontario

Delivered occupational therapy assessment and treatment interventions in the areas of occupational performance and community living skills for individuals diagnosed with both severe substance use disorders and mental illness.

2008 - 2009

Fetal Alcohol Spectrum Disorder Coordinator

Six Nations Health Services

Six Nations of the Grand River Territory

Provided community education, prevention and awareness of FASD within the Six Nations community. Provided advocacy, case management and connection to resources for community members impacted by FASD.

HONOURS AND AWARDS

2018

Scholarly Paper Prize

McMaster University

Awarded to the graduating student deemed to have displayed a combination of strategic problem solving skills, critical thinking, and originality with a

comprehensive and accurate command of relevant scholarship in the area of health management in their scholarly paper.

Scholarly Paper: Self-determination of Indigenous healthcare in Canada: A scoping review

2014

Innovation in Teaching: Jane Patterson Award

Centre for Addiction and Mental Health

Awarded for team collaborative teaching and learning

2011

McGraw-Hill Publisher's Prize

Queen's University

Awarded annually to a graduating student in the Occupational Therapy program on the basis of academic excellence and acknowledging potential contribution to critical enquiry and evidence-informed practice.

Scholarly Paper: A comprehensive review of FASD programs available to residents of eastern Ontario: A scoping study proposal

2011

Mildred Blackadder Bursary

Zonta Club of Kingston

Awarded to an Aboriginal student studying at Queen's University

2010

Aboriginal Health Careers Award

National Aboriginal Achievement Foundation

2009

Health Sciences Strategic Studies Scholarship

Grand River Post Secondary Education Office

2005

Gasparalli-Styres Effort Award

Grand River Post Secondary Education Office

PUBLICATIONS

Smith, H. (2016). Featured Practice 9.1 Concurrent Disorders Program. In Kiepek, N., *Licit, Illicit, Prescribed: Substance Use and OT* (pp.252-254). Ottawa, ON: Canadian Association of Occupational Therapists.

Naumann, D., Reynolds, J.N., McColl, M.A., & **Smith, H.D.** (2013). Environmental scan of programs for fetal alcohol spectrum disorder in Eastern Ontario. *Journal on Developmental Disabilities, 19*(3), 29-50.

PRESENTATIONS

Smith, H. (2019). *Health equity: The forgotten dimension of quality*. Invited panelist at the Emergency Department Administration Conference, Mount Sinai Hospital, November 27, 2019.

Smith, H. (2019). *Overview of occupational therapy*. Invited speaker at the Black and Indigenous High School Mentorship Program, University of Toronto, July 5, 2019.

Smith, H. (2018). *Overview of occupational therapy*. Invited speaker at the Black and Indigenous High School Mentorship Program, University of Toronto, June 13, 2018.

Smith, H. (2018). *Two-Eyed Seeing in the Healing of Trauma*. Invited speaker at National Aboriginal History Month Speaker Series, CAMH, June 1, 2018.

Smith, H. (2018). *Aboriginal services at CAMH*. Invited speaker for Toronto Police Services education event, November 23, 2017.

Smith, H. (2017). *Aboriginal services at CAMH: Culture as treatment*. Invited panelist at CAMH Addiction Rounds, June 23, 2017

Smith, H. (2017). *Indigenous Youth and Mental Health*. Invited panelist at Healthy Minds Lunch and Learn, First Nations House, University of Toronto, April 7, 2017.

Smith, H. (2016). *Trauma-Informed Screening and Assessment Tools for First Nations and Inuit Peoples*. Webinar presenter for CAMH PSSP, June 30, 2016.

Smith, H. (2016). *Mental health strengths and needs among Aboriginal Peoples in Ontario*. Webinar presenter for CAMH PSSP, February 16, 2016.

INVITED GUEST LECTURER

Smith, H. (2019). *Considerations when working with Indigenous peoples*. OCT 1111Y: Occupational Science: Foundations for Occupational Therapy. Professor Jane Davis. University of Toronto, November 13, 2019.

Miller, R. & **Smith, H.** (2019). *Working with Indigenous People*. Professor Carol Demattio. McMaster University, July 9, 2019.

PROFESSIONAL DEVELOPMENT AND TRAINING

2019 **Cognitive Processing Therapy for Post Traumatic Stress Disorder**

Dr. Candice Monson, EBT3 Training, Toronto, ON

2017 - 2018 **Private Clinical Supervision**

Natalie Zlodre, MSW, Toronto, ON

2018 **Advanced Clinical Trauma Level 2 Certificate**

Ian Robertson, MSW, Hinks Dellcrest Centre, Toronto, ON

2017 **The Body Keeps the Score: New Frontiers in Trauma Treatment**

Dr. Bessel Van Der Kolk, Leading Edge Seminar, Toronto, ON

2017 **Understanding Opiate Addiction**

Dr. Jonathan Bertram, CAMH, Toronto, ON

2015 **Evidence Based Recovery Oriented Mental Health Practice**

Complex Mental Illness Program CAMH, Toronto, ON

2015 **Cognitive Adaptation Training (CAT) Part I and II**

CAMH, Toronto, ON

- 2015** **Certificate in Trauma Counselling for Front Line Workers Level 1**
Natalie Zlodre, MSW, Hincks Dellcrest Centre, Toronto, ON
- 2014** **Cognitive Behavioural Therapy (CBT) – Fundamental Skills Certificate**
Dr. Noah Lazar, Ontario Institute of Studies in Education, Toronto, ON
- 2014** **CBT for Schizophrenia: Recovery-Oriented Training**
Beck Institute & Hamilton Program for Schizophrenia, Hamilton, ON
- 2014** **Introduction to Dialectical Behavioural Therapy**
Complex Mental Illness Program CAMH, Toronto, ON
- 2014** **Sexual Behaviours Clinic Education Workshop**
Complex Mental Illness Program CAMH, Toronto, ON
- 2014** **Understanding Experiences of People with Mental Health and Addiction**
Complex Mental Illness Program CAMH, Toronto, ON
- 2013** **Introduction to Health Equity and Diversity**
CAMH, Toronto, ON
- 2013** **Cognitive Behavioral Therapy: Foundational Skills**
Dr. Hester Dunlap, Hincks Dellcrest Centre, Toronto, ON
- 2013** **Sensory Modulation and Trauma Informed Care**
Tina Champagne, CAMH, Toronto, ON
- 2013** **Prevention and Management of Aggressive Behaviour**
CAMH, Toronto, ON

LICENCES AND CERTIFICATIONS

- 2011 - Present** **College of Occupational Therapists of Ontario**
#G1108343
- 2011 - Present** **Ontario Society of Occupational Therapists**
#16482